



NO COMMUNITY MEETING

► April Meeting & Events Are Cancelled ◀ (Due to Shelter-In-Place)

President's Corner

By Greg West

First of all, I hope that you and your family are safe and healthy in these trying times.

Second, this is the first time in my memory (and, believe me, that goes back a ways), that we have not published a paper version of the VEP News and have published only electronically. We are doing this because of the shelter-in-place order and to keep the folks that produce and mail the News from undue risk. I know that many people prefer the paper version on the News, as do I, but, it is what it is. And, of course, if you have a printer, you can always print the News out to read, which is what I do with the draft copy of the issue to proofread before publication.

Third, again, due to the shelter-in-place order, our April 28th meeting is cancelled. We had confirmed our San Jose City Council member-elect, Matt Mahan for our April meeting. We are preparing for the current shelter-in-place order to be extended beyond May 3rd (as of this writing), and that the May 26th meeting may also be canceled. We have tentatively scheduled Wednesday, June 17th for our next meeting, given that the May meeting is cancelled. Yeah, I know, it's not the fourth Tuesday of the month (in fact, it's a Wednesday – I'll get to that in a moment), but, we generally don't meet in June. The reason we picked Wednesday for this meeting is that the San Jose City Council meets on Tuesday evenings in conflict with our VEP meetings. Even though City Council member-elect Mahan isn't seated yet, I think it is in our interest for him to be attending all of the City Council meetings that he can before he's seated in January. Also, I've checked with him and he is available on June 17th to come talk to us. If the shelter-in-place order is lifted on May 4th, we will have our May 26th meeting as planned.

By the way, we used the ZOOM video chat app for our executive board meeting this month rather than violate the shelter-in-place order to meet in person. The app seemed to work well and we had a productive meeting. Also, we got to use ZOOM for free, thus the plug for the app.

Fourth, neighborhood events are being cancelled. I recently got an email from Michelle Armijo of the Santa Clara County Parks and Recreation Department saying that Parks and Rec has cancelled the Spring Celebration on Saturday, April 18th at Martial Cottle Park. Her email also went on to say that, even though the Spring Celebration is cancelled, Parks partner, Master Gardeners, will still have plants to sell. They are currently working on a plan to have the public place orders online, and pick up at a specific time and location over multiple days at various locations. In addition, the April 25th Great American Litter Pick-up, in conjunction with Earth Day, has been canceled by the City of San Jose according to their website as has VEP's Neighborhood Clean-Up and Beautification Day on April 25th. We may be able to reschedule the April Neighborhood Clean-Up and Beautification Day and the Community Wide Garage Sale, currently scheduled for May 2nd, for later in the year after the shelter-in-place has been lifted.

Finally, this shelter-in-place order is driving me nuts.

Fortunately, I have a dog that needs to be walked, so, I get to walk about a half mile around the block every morning, being sure to maintain social distancing from anyone we come across (which, at 7AM or so, is, pretty much, no one). My wife, Robin, walks Taz in the afternoon, and I've been finding myself tagging along on the afternoon walks, as well. I don't know about you, but I sure will be glad when this order is lifted, and we can get back to normal life.

Again, please stay safe and healthy.

V.E.P. Needs YOU



Officers Needed!

WE NEED VOLUNTEERS TO KEEP VEPCA EFFECTIVE!

Several Positions Open after May 2020:

- VEPCA President - VEPCA Secretary
- Director on the VEPCA Board of Directors

Help VEPCA Stay Strong and Effective!

Contact VEP's President, Greg West:
Greg.West@earthlink.net / 408-829-4686

~ CALENDAR CORNER ~

(All Community Events & Meetings are Cancelled until Further Notice. Please watch for updates!)

5/1 Application Deadline for VEP's
2020 "Community Service Awards"
for Graduating High School Seniors
→ See Page 2 for Details!

5/24 OR 6/17
VEP Community Meeting (Tentative)

★ 2020 is VEPCA's 51st Year! ★

VEP NEWS

The **VEP News** is the official publication of the VEP Community Association, a not-for-profit organization of volunteers established in 1969 to serve and represent homeowners in the Blossom Valley area of southern San Jose. Now, in 2020, this has grown to encompass more than 2,800 homes. VEP is dedicated to neighborhood maintenance and improvement in its membership area as well as to active involvement in civic affairs. This newsletter is mailed monthly to all members in good standing, to our advertisers, and to schools and government officials serving our membership area.

VEP News is published each month annually, with the exception of a "Summer Break" from June through August. We appreciate and will, at the discretion of the VEP Board of Directors, attempt to publish any and all articles that will be of general interest to our membership community. Persons, schools, or organizations who are interested in submitting articles, letters, or information to be included in the **VEP News** are encouraged to contact the Editor, Rachel Witmeyer. Business entities interested in advertising with the VEP News are encouraged to contact the Treasurer, Lisa Sanchez. (See Below for contact information.)

VEP Community Association Membership

Persons who would like to join the VEP Community Association may send their name, address, and \$20 yearly dues to:

VEP Community Association
P.O. BOX 18037; SAN JOSE, CA; 95158.

Please, do not send cash. Make checks payable to "VEP."

VEP Community Association ~ Executive Board of Directors

President: Greg West - GREG.WEST@EARTHLINK.NET - 408-829-4686

Vice President: Cindy Bosworth - BOZ555@MSN.COM

Secretary: Laura McGeever - LJMCGEEVER@ME.COM

Treasurer: Lisa Sanchez - LISAS.VEP@GMAIL.COM

Director: Robert Supencheck - ROBERTSUPENCHECK@GMAIL.COM

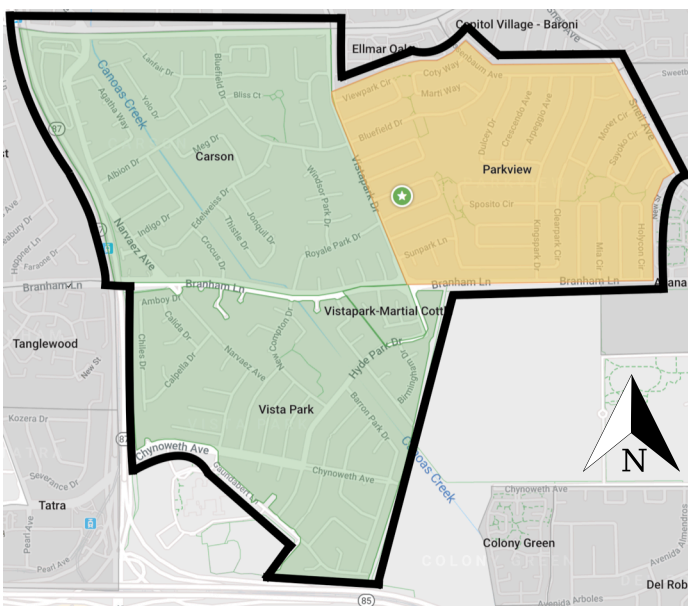
Director & VEP News Editor: Rachel Witmeyer - VEPEDITOR@GMAIL.COM

Director: POSITION VACANT

WEB: WWW.VEPCA.NET

EMAIL: VEPCA@VEPCA.NET

- Join VEP Community Association's Facebook Group! -



VEP Membership Area



An ALTERNATIVE to VEP Spring Beautification

By Rachel Witmeyer

The "Shelter In Place" may have cancelled VEP's plans to "beautify" our local streets and community parks, but that doesn't mean we can't each "beautify" our own homes! (Special thanks to VEP members Stephen & Lynne Kinsey for this idea!)

The upside is, you and your family can choose to "beautify" at any time in April that you wish. Please consider trimming and/or planting in your own yard, and cleaning up the street area in front of your home. Every little bit will help our neighborhoods look their best!

VEP's 2020 Community Service Awards (CSA's)

By Laura McGeever

NEW DEADLINE: May 1, 2020

The VEP Community Association has a proud over 50 year tradition of community service. In order to encourage the continuation of community service in the next generation, VEP annually chooses up to three graduating and deserving high school seniors to receive a monetary award to be used for post-secondary education (college, junior college, technical or trade school, etc.).

VEP asks the Gunderson High School and Andrew Hill High School administrations to nominate at least 2 graduating seniors per school (with no upper limit). At-large nominees are solicited through the VEP News (consider this article a solicitation). A VEP committee chooses one deserving and graduating senior each from Andrew Hill High School and Gunderson High School, regardless of where they live, and one deserving "at large" graduating senior who is a resident of the VEP neighborhood, regardless of the high school from which they graduate (other than Andrew Hill and Gunderson). Note, the "at Large" candidate must have a VEP Community member submit their application.

The winners will receive an award of \$1000 each, to be used for post-secondary education, based on their community service during high school, regardless of their GPA. At-large award applications can be obtained by emailing the CSA committee chair at VEPCSA@gmail.com. The deadline for submission is May 1, 2020.

For our VEP Community Service Award, we are looking for volunteers to screen applications from high school students for the awards. Again, this year, we have budgeted \$3000 for the awards, \$1000 each to a graduating, college bound senior from Andrew Hill, Gunderson, and from a VEP family for the "At Large" category. Please send an email to VEPCSA@gmail.com if you are interested in volunteering.

Your Neighborhood Property Manager



Andrea Vernerova
(408) 621-4921
andrea@cmpmi.com



PROPERTY MANAGEMENT INC.

www.cmpmi.com

Ask about special rates for VEP neighbors!

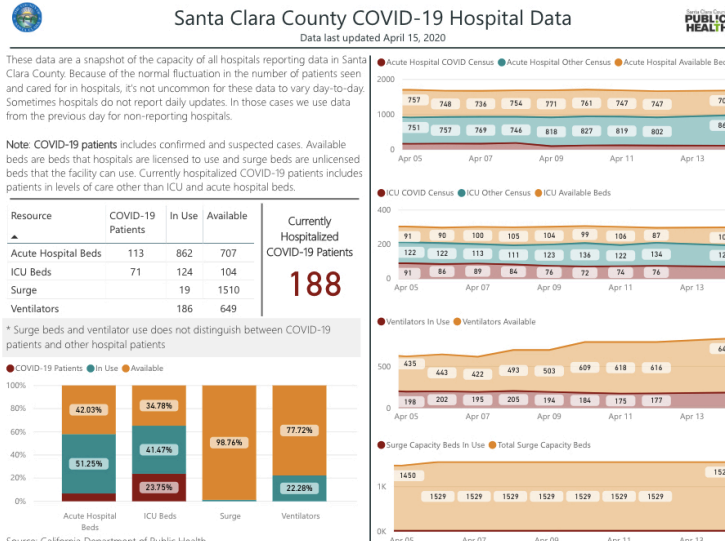
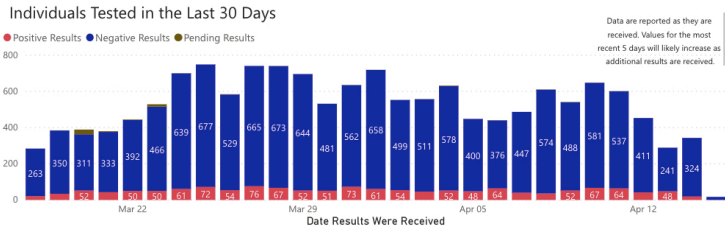
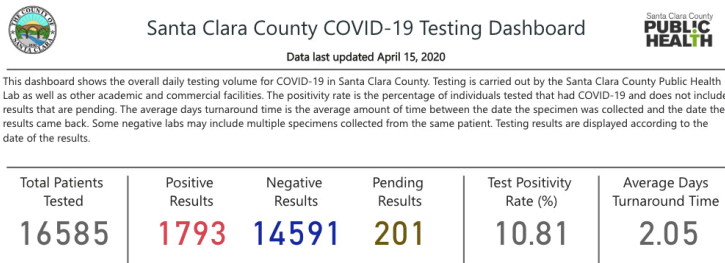
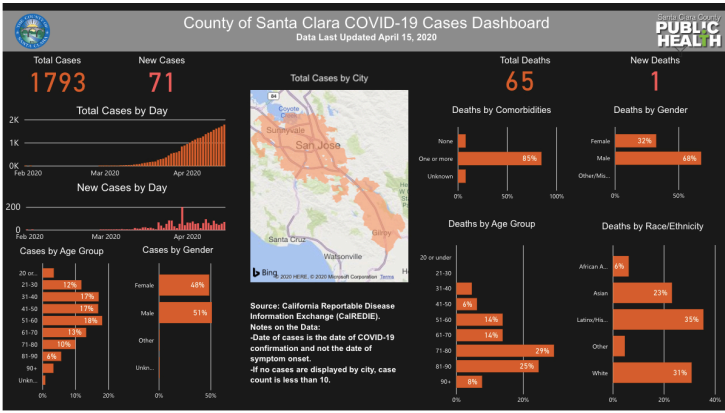


Independently Rated
Highest in Quality
Cal DRE 01889318

COVID-19 "Data Dashboards" Now Available Online from the Public Health Department

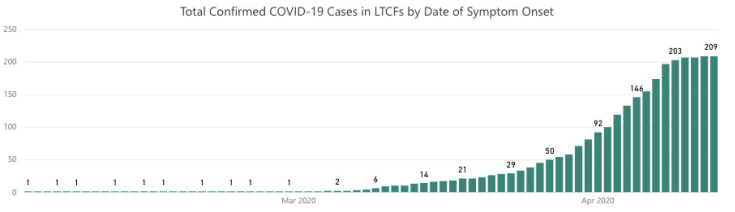
The Santa Clara County has recently published four interactive data dashboards that track new COVID-19 cases, hospital capacity, testing, and long-term care facilities. The informative charts will reveal even more details when users "hover" or "click" on certain portions of the graphs, charts, and/or graphics.

Access all the dashboards directly at: www.sccgov.org/sites/covid19/Pages/dashboard.aspx



Long-Term Care Facilities (LTCFs) include skilled nursing, independent living, assisted living and board and care facilities. Data shown include cases of COVID-19 among residents and staff associated with LTCFs, hospitalizations at the time the case was reported and deaths. These data are only for LTCFs within Santa Clara County. Residents and staff working at these facilities are included in these counts. Hospitalization is only determined at the time a case was reported to us and do not represent patients that are currently or ever hospitalized. The count of facilities is the number of facilities in each type that have at least one COVID-19 case. These data are provided for informational purposes only.

Total Cases	Hospitalizations	Deaths	Facility Type				
			Cases	Hospitalizations	Deaths	Count of Facilities	
300	40	15	Skilled Nursing	275	35	13	16
			Independent Living	14	1	2	1
			Assisted Living	10	3	0	6
			Board and Care	1	1	0	1
Total	300	40	15	24			



Updates From Parkview School Submitted by Susan Perez Kind, Principal

School Meals
During school closures, Oak Grove School District is providing free breakfast and lunch meals for all children ages 18 and under. Curbside pickup, Monday through Friday at Anderson, Christopher, Davis, Edenvale, Hayes and Stipe Schools from 10:30am - 11:30am, children do not need to be present.

Positivity from Parkview Staff
Here are pictures from Parkview sending love out to our community! Special thanks to Parkview Resource Teacher Mrs. Carpenter and her daughter, Kristen, for the beautiful, thoughtful posters!



VERONICA "RONI" CASTRO | Account Executive

The J. MOREY COMPANY, INC.
INSURANCE AGENTS & BROKERS

184 Jackson Street | San Jose, CA 95112
Direct: 408.605.9343 | p: 408.280.5551 | f: 408.280.1368

www.jmoreyins.com | [Refer a Friend!](#)



COUNTY SUPERVISOR MIKE WASSERMAN

April 2020 County Update

Helping the Heroes. Eleanor Roosevelt famously said that “A woman is like a tea bag - you can’t tell how strong she is until you put her in hot water.” Isn’t that the truth? And it could be argued that this applies to our entire community. Sometimes it takes a health and economic crisis like COVID-19 for us to see how strong we are collectively. It seems like every day I hear about big and small ways that people are helping each other. One such effort that caught my eye recently is the Essential Healthcare Worker and First Responder Child Care Program that provides childcare service for medical personnel and first responders. With schools closed to stop the spread of the coronavirus, many healthcare and first responders wouldn’t otherwise have safe options for childcare. I am so grateful to all the healthcare and other essential workers who are working tirelessly to keep us safe. Thank you all!

Face Coverings Recommended. The County Public Health Department recommends that residents cover their noses and mouths when leaving home for essential activities such as grocery shopping. Taking this precaution may reduce COVID-19 transmission when combined with hand washing and reducing person-to-person contacts. The face coverings should not be N95 or surgical masks, which need to be reserved for medical settings. Instead, residents should use cloth coverings like bandanas, scarves or home-sewn cloth masks. The Public Health Department emphasizes that these non-medical face coverings should add to, rather than replace, other important social distancing measures such as frequent handwashing.

Avoid COVID-19 Scams and Crimes. Criminals often look for opportunities when people are especially vulnerable to make their move. Sadly, the current crisis is no exception. The Santa Clara County District Attorney’s Office is warning that it will prosecute anyone who engages in the following activity during the COVID-19 outbreak: price gouging, fake authorities and cures. Hate crimes and violence will not be tolerated. Report such crimes to the Office of the District Attorney: 408-792-2880.

Public Health Dashboards Now Available Online. The Public Health Department’s online dashboards provide the public with the latest information about the number of COVID-19 cases in our County. The following dashboards are available on the Public Health page of www.sccgov.org.

- The COVID-19 Cases Dashboard provides detailed information about cases and deaths from COVID-19 in Santa Clara County and is intended for informational purposes only.
- The Hospital Dashboard shows the numbers of acute hospital beds, intensive care unit beds, ventilators and surge beds available and in use throughout Santa Clara County.
- The Laboratory Testing Dashboard shows the overall total and daily testing volume for COVID-19 in Santa Clara County.

Resources List. Please visit my website at www.supervisorwasserman.org and click on “COVID-19 Resources” to view a list of helpful resources during this crisis including: food assistance, childcare & E-learning assistance, housing & tax assistance, worker assistance, business assistance, volunteer opportunities, and donation opportunities.

Stay smart and stay well!

As always, you can reach my office at (408) 299-5010, or you can email me at district1@bos.sccgov.org.

Mike Wasserman
Santa Clara County Board of Supervisors, District 1
www.supervisorwasserman.org



Clean Water • Healthy Environment • Flood Protection

Update from Valley Water

Dear Neighbor,

The Santa Clara Valley Water District (Valley Water) is strongly committed to maintaining a high level of service as our community responds to COVID-19. We will continue to provide a reliable supply of safe, clean drinking water to residents and businesses in Santa Clara County.

First, be assured that the COVID-19 virus is not impacting the safety of your drinking water supply, or our ability to supply water in Santa Clara County. Our current operations remain healthy, and Valley Water continues to meet or exceed all applicable water quality regulatory standards.

Our entire organization has responded to this crisis and will ensure that your water is safe as we operate our critical infrastructure around the clock. Under the state and County’s shelter-in-place order, Valley Water is considered critical and essential as an organization from a utility and public works perspective.

At the same time, the safety of our employees is our priority, and we are supporting our employees in the implementation of our state and County’s public health directives of shelter-in-place and social distancing.

Our headquarters and office buildings are open for essential staff only and closed to visitors. All employees who can are working remotely, and we have increased the deep cleaning of our facilities and buildings.

Our cashiering services for walk-in customers are suspended until further notice. If you have any questions, please call our main phone line at (408) 265-2600, which is open Monday through Friday from 8 a.m. to 5 p.m.

We have also made operational changes, which have led to our board meetings and committee meetings being canceled until April 28. The board will call special board meetings as needed for urgent items. For more information, visit <https://www.valleywater.org/how-web-operate/board-meetings-agendas-minutes>.

For the latest updates on Valley Water’s response to the COVID-19 crisis, visit our webpage: <https://www.valleywater.org/node/926>

To learn more about the outbreak, business closures, or stay at home guidelines from the County of Santa Clara Public Health Department, visit <https://www.sccgov.org/sites/phd/DiseaseInformation/novel-coronavirus/Pages/home.aspx>

While Valley Water doesn’t manage the sewage system, please remember not to flush hand wipes or paper towels down the toilet. For more information, please read this news advisory from the State of California:

https://www.waterboards.ca.gov/press_room/press_releases/2020/pr03172020_products_clogging_sanitation.pdf

I’d also like to share a message from the City of San Jose of the importance to respond to the United States 2020 Census and make sure that everyone counts. Residents can respond online at my2020census.gov

We hope that you and your loved ones stay healthy and safe during these challenging times. As we overcome this public health emergency together, know that your drinking water will continue to be clean, safe and available.

Sincerely,
Linda J. LeZotte, Director
District 4, Valley Water

Survival While Sheltering In Place

By Bob Chesnos

American life has radically changed in just a few weeks due to the ongoing spread of the coronavirus (COVID-19 as we now call it). No movie theaters, dine-in restaurants, fitness centers, concerts, museums, or sports, and even the 2020 Summer Olympics have been cancelled and schools closed. Beaches and parks are closed, including our beloved Martial Cottle Park, although the trails are open as long as we maintain a "safe social distance" from each other. By now we all realize we should be prepared for many more weeks of "Shelter in Place." Like you, my wife and I are trying to limit how often we leave the house by finding new ways to shop for supplies we need. We know it will cost a little more time and money; but it is less likely we will contract the virus.

My wife and I are really fortunate to be able to grow a lot of fruit and vegetables at home. Gardening keeps us very active and engaged with nature. We make our own compost using coffee grounds, fruit and vegetable peels, yard clippings, leaves and egg shells. We know our homegrown crops are organically grown and have been touched by nobody's hands but our own. During the past month we have harvested lettuce, spinach, cabbage, carrots, turnips, sugar snap peas, broccoli, cauliflower and artichokes. I've grown seedlings to plant of tomatoes, squash, green beans and more lettuce and spinach. We even save some seeds for next seasons' garden. Later this season we will enjoy berries and fruits from our trees. Health experts recommend supporting and strengthening your immune system by eating a wide variety of vegetables and fruits. Gardening is wonderful and rewarding, and I encourage everyone to try growing their own food. A large yard isn't necessary since many veggies will grow well in pots, half-barrels or raised beds. You can start plants from seed or seedlings. We like to buy vegetable seedlings at the Master Gardeners Spring Plant Sale (which was cancelled this year) or from a local nursery, and we use organic gardening products whenever possible. Try it yourself.

Don't forget the benefits of exercise. We all need some outdoor exercise, whether on trails, neighborhood sidewalks or in our own back yards. Physical activity is a great way to manage stress and strengthen your immune system. Research shows that "fit individuals" (defined as those who partake in regular physical activity) have a lower incidence of infection compared to inactive and sedentary individuals. Being physically active can reduce the risk of chronic diseases that can further weaken the immune system. So, how does exercise help? Doctors say that movement helps to flush bacteria (and maybe viruses) out of the lungs decreasing your chances of getting a cold, flu or other illness, and reduces the level of stress hormones in the body. Keep active and keep moving during these difficult times...you will feel better because of it.

The COVID-19 Pandemic has changed our lives in so many ways and caused anxiety throughout our community, our country, and the world. Prolonged or chronic stress can negatively impact the immune system by reducing the body's ability to defend itself. It is normal to feel concerned, but look for healthy ways to relieve your stress and anxiety, such as exercising, gardening, or talking to a family member, friend or counselor. Maintain contact with those you care about by communicating via phone, email, text messages, or mail, or try online formats such as FaceTime, Skype, Marco Polo or Zoom to communicate face to face. My birthday was celebrated on Zoom. We need socializing, but we must do it safely. Staying connected with your family, friends, neighbors and co-workers benefits you all.



Lines from Lynne

By Lynne Kinsey

Friends and Neighbors,

Because we are all sheltering at home, I did not think telling of another local place to visit would be very useful. Instead I did an internet search for "Virtual Museums." There are so many individual items that show up, plus lots of activities of varying length that could occupy hours of your time and that of your family. I suggest that you do such a search and spend time sharing your findings with your family members. When this pandemic ends you can then go visit some of the places that interested you. You can also be more specific in your internet searches for Virtual Science Museums, Virtual History Museums, Virtual Art Museums, etc. The list goes on and on. Also, try Virtual Places to visit in San Jose, or fill in the location of your choice.

If you have a computer, a tablet, or a Smart Phone, your possible sites to choose from are endless. If your findings are in the Bay Area, then the places you can visit are endless, as well. Starting next month I will continue to share places I have visited and found interesting and worthwhile. We are lucky to live where we do. We are located within minutes or hours from so many wonderful things for people of all ages to see and do. When this isolation is lifted we will be free to travel near and far. We hope you have been able to visit some of the places already described. There will be many more suggestions coming in future months.

Meanwhile be safe, be healthy, and be content.

Lynne Kinsey



VEPCA Wants to Know:

What do you want to know?

What would you like to learn about?

Which local leaders would you like to meet?

Please send your ideas to VEPCA President West!

Your input will be used to help plan future community meetings for you and your neighbors!

Call or Email President West Today!

GREG.WEST@EARTHLINK.NET / 408-829-4686

INTERO
REAL ESTATE SERVICES®
R&R TEAM

Roberto Ruiz
Intero Broker Associate
BRE Lic. #01270734

- VEP Member
- Marine Corps Veteran

5580 Almaden Expressway
San Jose, CA 95118
Cell: 408-234-7249
www.RobertoRuiz.info
Rruiz@interorealestate.com



Recipes Shared by Laura McGeever

Lemon (or Orange) Pound Cake

Ingredients

- 1 stick of butter, at room temperature
- 1 cup granulated sugar, divided
- 2 extra large eggs, at room temperature
- 2 lemons or 1 orange zest
- 1 ½ cups of flour
- ¼ teaspoon baking powder
- ¼ teaspoon baking soda
- ½ teaspoon kosher salt
- 2 lemons or 1 orange freshly squeezed juice
- 1/3 cup buttermilk at room temperature
- ½ teaspoon pure vanilla extract

For simple sugar syrup:

- ¼ cup sugar
- ¼ cup lemon or orange juice

For the glaze:

- 1 cup confectioners' sugar, sifted
- 2 tablespoons freshly squeezed lemon juice

Directions

Preheat the oven to 350 degrees F. Spray 1 (8 ½ by 4 ¼ by 2 ½ inch) loaf pan with Pam.

Cream the butter and granulated sugar in the bowl of an electric mixer fitted with paddle attachment until light and fluffy, about 5 minutes. With the mixer on medium speed, add the eggs, 1 at a time and then the lemon or orange zest.

Sift together the flour, baking powder, baking soda and salt in a bowl. In another bowl, combine lemon or orange juice, the buttermilk and vanilla. Add the flour and buttermilk mixtures alternately to the batter, beginning and ending with the flour. Pour the batter into the pan, smooth the top, and bake for 45 minutes to 1 hour until a cake tester comes out clean.

When the cake is done, allow to cool for 10 minutes. Remove the cake from the pan and set it on a rack set over a tray or sheet, brush or spoon the syrup or glaze over the cake.

Simple Syrup: Combine the granulated sugar with lemon or orange juice in a small saucepan and cook over low heat until the sugar dissolves.

Lemon Squares from Aunt Karen (Laura's Aunt)

Preheat oven to 350'

Crust Ingredients

- ¾ cup Butter or Margarine
- 1/3 cup Powdered Sugar
- 1 ½ cup Flour

Filling Ingredients

- 4 Eggs; 4 Tbsps Flour
- 1 Tsp. Lemon Zest
- 1/3 c of Lemon Juice
- 1 ¾ c Sugar

Mix until crumbly (with fork or pie mixer). Pat evenly into 9 x 13 dish. Bake at 350' for 20 minutes. Take out of oven.

Change oven to 325'

Beat eggs into a bowl & add flour, grated lemon rind (outside of real lemon) then mix. Add sugar and lemon juice. Mix well.

Pour over the baked crust. Bake at 325; for 20 minutes. Cool.

Sift powdered sugar over the top.

NOTE: Crust will look white after 20 minutes but that is alright as it gets a 2nd baking with the egg mixture. Also, crust need not be cooled before pouring egg mixture into it.

These are hard to remove from the pan, so loosen around the sides gently with a spatula while still hot.

When taking out of the pan after cooking, CUT INTO SQUARES and remove the first corner very carefully. Enjoy!

HONEY LEMON CHICKEN AND GREEN BEANS

INGREDIENTS

Honey Lemon Chicken and Green Beans:

- 1 1/2 pounds boneless skinless chicken breasts, cut into bite-sized pieces (2 large chicken breasts)
- 3 tablespoons low sodium soy sauce
- 2 tablespoons rice wine vinegar
- 12 oz. / 2 c. green beans trimmed and cut into bite sized pieces
- salt and pepper
- Olive oil

Honey Lemon Sauce:

- 3/4 cup low sodium chicken broth
- Juice and zest from 1 large lemon
- 1/4 cup honey or more/less to taste
- 1/2 teaspoon red pepper flakes
- 1/4 teaspoon ground ginger
- 2 tablespoons cornstarch
- 1 garlic clove minced

INSTRUCTIONS

1. Combine the chicken, soy sauce and rice wine vinegar in a large zip-top bag, and toss until the chicken is evenly coated. Refrigerate for at least 30 minutes, or up to 8 hours. (If no time to marinate, just toss the chicken, soy sauce and vinegar in a small bowl and let sit while you prep the rest of the recipe).

2. In a small bowl, whisk the sauce ingredients together until combined (cornstarch should no longer be visible). Set aside.

3. Heat a tablespoon of oil in a large skillet over medium-high heat. Add green beans and season with a pinch of salt. Stir and cook for 3-4 minutes, until beans are bright green but still crisp. Transfer to a large plate or bowl and set aside.

4. Add another tablespoon of oil to the skillet over medium-high heat. Pour the chicken from the bag into the hot skillet. Season the chicken with a pinch of salt and pepper.

5. Add the chicken and sauté for 5-7 minutes or until cooked through and no longer pink, stirring and turning the chicken occasionally for even browning. Using a slotted spoon, add the chicken to the plate with the green beans.

6. Pour the whisked honey lemon sauce into the empty sauté pan. Cook over medium-high heat for 2-3 minutes, or until the sauce reaches a low boil and thickens. Taste and adjust seasonings to your liking (salt, pepper, honey, lemon).

7. Add the chicken and green beans back into the pan and toss until evenly coated with sauce. Remove from heat. Serve immediately, topped with green onions and sesame seeds, if desired. Can be served over steamed white or brown rice, or on it's own.

www.yellowblissroad.com/honey-lemon-chicken-green-beans/#wprm-recipe-container-20961